Name: _____ Date: _____

Feelings & Emotions

PART A

Find the words in the puzzle.

S	L	D	O	D	A	D	S	A	W	G	R
C	H	O	R	P	O	Y	S	U	O	Y	I
R	A	Y	N	W	D	C	P	O	R	A	A
R	S	L	T	E	B	U	R	O	R	R	N
U	A	C	M	H	L	E	O	K	I	E	G
P	L	C	U	R	I	Y	U	R	E	F	R
T	H	G	K	W	I	R	D	Y	D	R	Y
M	I	U	W	L	O	R	S	U	S	A	D
H	M	R	N	C	F	M	M	T	D	R	M
C	M	P	E	G	W	D	O	G	Y	T	N
L	S	L	S	D	R	C	H	R	O	S	P
N	F	G	G	H	O	Y	E	Y	I	R	T

Word bank

- ☐ worried
- ☐ thirsty
- ☐ hungry
- ☐ lonely
- ☐ angry
- ☐ proud
- ☐ tired
- ☐ calm
- ☐ sad
- ☐ shy

PART B

Match the words to the meanings. Write the letter.

☐ **1. hungry**	a. nervous with new people
☐ **2. shy**	b. very happy about something coming
☐ **3. surprised**	c. needing food
☐ **4. excited**	d. relaxed, not worried
☐ **5. calm**	e. thinking something bad might happen
☐ **6. worried**	f. feeling something unexpected happened

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Feelings & Emotions — Word Cards

happy feeling good	**sad** feeling unhappy	**angry** feeling very cross	**tired** needing sleep
hungry needing food	**thirsty** needing a drink	**scared** afraid	**excited** very happy about something coming
bored not interested	**surprised** feeling something unexpected happened	**worried** thinking something bad might happen	**nervous** a little afraid before something
proud happy about something you did	**shy** nervous with new people	**calm** relaxed, not worried	**lonely** sad because you are alone

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